

# JUNE NEWSLETTER

## SHOUT OUT!



The Grand Prize winners this month were Amber and Maria (Mariposa Dental) for; "initiative and quick thinking when providing care for our patients. You guys saved a life!"

First Runner-up was Mellissa (San Andreas Optometry) for; "jumping into the optician role, wanting to learn more and being even more involved with the "ins and outs." She's the best!"

Second Runner-up was Morgan (Sonora Women's Health); "from day one, you have been an asset to our team. Thank you for always being willing to help and for coming to work each day with a positive attitude, regardless of the chaos! You are appreciated!"

From the Desk of

*John Alexander*

Executive Director

Welcome spring and Welcome new providers to the MACT team.

We have found some wonderful people to serve you.

Please feel free to take advantage of the additional access to care.

## Introducing our new Mariposa Dentist

Dr. Jacqueline Aguilar received her Doctor of Dental Medicine DMD degree in 1987 from University of the East College of Dentistry in Manila, Philippines. Dr. Aguilar was in private practice from 1987 – 1992. In 1994, she immigrated to New York City and earned her Doctor of Dental Surgery DDS degree from Columbia University College of Dental Medicine – Advance Standing DDS Program in May 2000. After finishing her DDS program, she was in private practice for 21 years, working as a private practitioner in Manhattan and Brooklyn focusing on all aspects of general dentistry and performing IV, Oral and Nitrous Oxide sedation. She completed an IV Parenteral and Oral Sedation Certificate from Montefiore Hospital in 2009.

Dr. Aguilar has worked at a FQHC since 2010 providing care for well, special needs children in New York City, New Jersey, Philadelphia, Los Angeles and Northern California.

Her experience at ArchCare – Terence Cardinal Cooke Health Center has provided her the experience and inspiration to care for patients who are immune compromised including Huntington's disease, HIV/Aids, End Stage Renal disease, Alzheimer's/Dementia, Infants and children with Traumatic brain injury, Cerebral Palsy, developmentally delayed in conjunction with Oral Sedation.

In 2017 Dr. Aguilar returned to her alma mater at Columbia University College of Dental Medicine- Division of Community DentCare as a Clinical Faculty Professor. Her clinical appointment included supervising a Team of dental staff highly trained in providing care to young children at the mobile dental van, school-based clinics and teaching DDS 2nd, 3rd and 4th year candidates to provide care to an underserved population as part of their Clinical rotation. She led the team to focus on early childhood caries, prevention and treatment.

Dr. Aguilar also served as Clinical Teaching Faculty supervising Junior and Senior DDS candidates in the Teaching Dental Clinics.

She has dedicated her career in focusing and providing dental care for well and special needs population and is excited to bring her experience to serve the Mariposa county residents, nearby counties and embracing the Native American population.

Dr. Aguilar loves to spend time with her family, exploring Northern California, embracing the beautiful sites and learning from other cultures.



## *MACT now has a second Chiropractor on staff*



MACT is now offering Chiropractic Services in Sonora!

Please join us in welcoming Dr. Bojnowski to our Sonora office!

Dr. Bojnowski was born in Canada and moved to South Africa before coming to California and earning his Doctor of Chiropractic degree. After working in private practices and owning several of his own, in 2017 he had a career shift to help integrate chiropractic care into large, multidisciplinary Federally Qualified Health Clinics in Petaluma and Sacramento.

He believes that self-care through diet, exercise and mindfulness is the best care. Dr. Bojnowski focuses on reducing imbalance in the human framework caused by physical and emotional stress overload.

He enjoys working with other healthcare practitioners and is excited to join the MACT team.

Calaveras County has been his home since 2008. In his free time he enjoys nature and music with his wife and friends.

He is accepting new patients in Sonora.  
Please call (209) 288-6530 to schedule your appointment.

## Jackson Medical has a new Podiatrist!



MACT is happy to announce our new Podiatrist to our Jackson office!

**Dr. Kirmanj T. Atrushi - D.P.M., M.H.A. –**

Dr. Atrushi is a California native that is happy to be back in his home state! Born in Diego, Dr. Atrushi went to the University of California at Riverside for his undergraduate studies, and then afterwards received his degree in podiatric medicine at the Rosalind Franklin University of Medicine and Science in North Chicago, Illinois. Next, he completed his residency training in podiatric medicine and surgery at the Atlanta Veterans Affairs Medical Center in Decatur, Georgia.

Dr. Atrushi then returned west and worked at a 638 tribal facility in the Navajo Nation in Fort Defiance, Arizona for 2 years following completion of his residency. It was here where Dr. Atrushi developed a deep and personal appreciation in caring for the Native American population.

While he treats the full scope of foot and ankle issues, Dr. Atrushi has developed a strong expertise in the diabetic foot, limb salvage, and wound care. Dr. Atrushi is Board Certified by the American Board of Podiatric Medicine.

In his free time, he loves to watch movies, take his two dogs on long hikes, and play on his Nintendo Switch.

He is accepting established MACT Health Board Inc., patients in Jackson for Tuesday visits. Call (209) 257-2400 to make an appointment.

### Supporting Fair Livestock Auctions for our youth

We love supporting our young Natives! If you or your child are MACT patients, are Native, and have an animal at the fair, WE want to know about it! For the last 6 years, MACT has purchased animals from our local Fairs to show our support. Send us a letter introducing yourself and your animal, and we'll see you at the fair!

Correspondence can be sent to:  
 MACT Health Board, Inc.  
 ATTN: Nicki Stevens  
 PO Box 939, Angels Camp, CA 95222 Or email to  
[nicki.stevens@macthealth.org](mailto:nicki.stevens@macthealth.org)



### Banana Smoothie



**Ingredients**

- 2 small bananas or 1 large
- 1 large banana, peeled, halved and frozen
- 1 c. unsweetened almond milk
- 2 tbsp. peanut butter (preferably natural)
- 2 tsp. honey
- 1/8 tsp. pure vanilla extract
- 1/8 tsp. ground cinnamon, plus more for topping
- sliced banana for topping

**Directions**

Combine all ingredients in a blender and blend until smooth.

### Upcoming Events & Holidays

All MACT Offices will be **closed** on  
**July 4th, 2024**



Fair Dates:

Sonora Motherlode Fair	June 27-30
Amador County Fair	July 25-28
Mariposa County Fair	Aug.30-Sept. 2